# CENTER FOR AUTISM PROGRAM OUTCOMES

**Service Dates: July 1, 2022 – June 30, 2023**

Mary Free Bed® Rehabilitation
at
COVENANT HealthCare

Autism spectrum disorder (ASD) is a developmental condition that can include challenges with social skills, communication and behavior. Individuals may present with a wide range of abilities and challenges which supports the understanding that Autism occurs on a spectrum.

Recent increased autism awareness has led to increased prevalence rates. The Centers for Disease Control and Prevention (CDC) estimates that one in 36 children has ASD. Boys are about four times more likely to be diagnosed than girls, and the condition occurs in all racial, ethnic and socioeconomic groups.
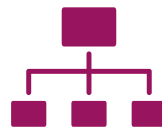
## GOALS

In FY23, at their six-month assessment, patients receiving Applied Behavior Analysis (ABA) therapy met an average of 67% of their personalized goals, including:

Establish and improve communication skills

Develop appropriate social/relationship skills

Build adaptive/ self-help skills

Establish alternatives to challenging or dangerous behavior

## PATIENTS

# 96.8%
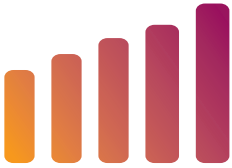## PARENT SATISFACTION RATE*

# 34
## TREATED

# 20-40
## HOURS PER WEEK OF THERAPY

*Source: Internally generated survey

# PATIENTS

Because autism presents on a spectrum, each learner requires individualized care with specific goals that match their skills and challenges. Kids with ASD can have different ways of learning, moving or concentrating. Every treatment plan is unique to the patient's needs.

There are several different types of therapy that can be beneficial.

- ABA therapy teaches skills to increase independence
- Speech therapy improves communication skills
- Occupational therapy teaches daily activity skills
- Feeding clinic helps with feeding difficulties

Accreditation Commission for Health Care

**Additional services include:**

**Monthly individual parent/ caregiver trainings**

**Monthly parent support groups**

**Participation in school Individualized Education Plan (IEP) meetings**

**Family community outings to teach skills in different environments**

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